Clinical practice guidelines

Clinical practice guidelines are resources for CarePlus-contracted physicians and other CarePlus-contracted healthcare professionals. CarePlus has adopted the following guidelines:

**Adult immunizations**
Centers for Disease Control and Prevention
*Recommended Immunization Schedule for Adults Aged 19 Years or Older, United States 2018*

**Asthma care**
*Guidelines for the Diagnosis and Management of Asthma (EPR-3)*

**Atherosclerotic cardiovascular disease**
*AHA (American Heart Association)/ACCF (American College of Cardiology Foundation) Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease: 2011 Update*

**Breast cancer screening**
*Breast cancer: Screening*

**Cholesterol treatment**
*Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults*

**Chronic obstructive pulmonary disease (COPD)**
Global Initiative for Chronic Obstructive Lung Disease (GOLD) – Global Strategy for The Diagnosis, Management and Prevention of Chronic Obstructive Pulmonary Disease (COPD), 2019 Report
*Guidelines on diagnosis and treatment of stable COPD*
Depression
Institute for Clinical Systems Improvement (ICSI): Depression, Adult in Primary Care (March 2016)
Depression, Adult in Primary Care

Diabetes
American Diabetes Association, Executive Summary: Standards of Medical Care in Diabetes – 2014
Executive Summary: Standards of Medical Care in Diabetes – 2014

Heart failure
2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America; Clyde W. Yancy, Mariell Jessup, Biykem Bozkurt, Javed Butler, Donald E. Casey Jr., Monica M. Colvin, Mark H. Drazner, Gerasimos S. Filippatos, Gregg C. Fonarow, Michael M. Givertz, Steven M. Hollenberg, JoAnn Lindenfeld, Frederick A. Masoudi, Patrick E. McBride, Pamela N. Peterson, Lynne Warner Stevenson and Cheryl Westlake
2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure

Heart Risk Calculator (an ASCVD algorithm published in 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk). Heart risk calculator

Hypertension
Guideline for Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults

Copyright notice: http://www.copyright.com/about/terms-conditions/

Kidney disease
National Kidney Foundation Guidelines and Commentaries – Evidence-based clinical practice guidelines for all stages of chronic kidney disease
Guidelines and commentaries

Medical records documentation guidelines
CarePlus has adopted guidelines based on federal and state medical record documentation
requirements. Refer to the CarePlus provider manual at:
https://www.careplushealthplans.com/careplus-providers/forms.

Obesity screening in adults
Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions, September 2018
Behavioral interventions

Preventive care
Guide to Clinical Preventive Services, 2014
Recommendations of the U.S. Preventive Services Task Force

Valvular heart disease
2014 AHA (American Heart Association)/ACC (American College of Cardiology) Guideline for the Management of Patients With Valvular Heart Disease: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines
AHA/ACC Guideline

Well-woman routine care
ACOG (The American College of Obstetricians and Gynecologists)
Well-Woman recommendations

Additional preventive care guidelines from specialty organizations

Atrial fibrillation guidelines
2014 AHA /ACC/HRS (American Heart Association/American College of Cardiology/Heart Rhythm Society) Guideline for the Management of Patients with Atrial Fibrillation
http://www.onlinejacc.org/content/64/21/2246

Copyright notice: http://www.copyright.com/about/terms-conditions/

Clinical toolkit — atrial fibrillation
The Cardiosource® site produced by the American College of Cardiology Foundation

Colorectal cancer screening guidelines
American Cancer Society guidelines for colorectal cancer early detection Updated 2018
Primary prevention of cardiovascular disease and stroke
ACC (American College of Cardiology)/AHA (American Heart Association) Prevention Guideline: 2013
https://www.ahajournals.org/doi/full/10.1161/01.cir.0000437741.48606.98

Smoking cessation
Treating Tobacco Use and Dependence: 2008 Update – Clinical Practice Guideline
https://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/tobacco/clinicians/update/index.html

CarePlus periodically monitors compliance with nationally recognized clinical practice guidelines.

*CarePlus publishes medical guidelines from a number of well-respected national sources. These guidelines may have some differences in recommendations. Information contained in the guidelines is not a substitute for a physician’s or other healthcare professional's clinical judgment and is not always applicable to an individual. Therefore, the physician or healthcare professional and patient should work in partnership in the decision-making process regarding the patient’s treatment. Furthermore, using this information will not guarantee a specific outcome for each patient. None of the information in the guidelines is intended to interfere with or prohibit clinical decisions made by a treating physician or other healthcare professional regarding medically available treatment options for patients. Publication of these guidelines is not a promise or guarantee of coverage. Individuals should review their coverage to determine benefits.

Links to other websites are provided for your convenience only and do not constitute or imply CarePlus’ endorsement of these sites, products or services described on these sites, or of any other material contained therein. CarePlus disclaims responsibility for their content and accuracy.