Care for Older Adults assessment

What is the Care for Older Adults assessment form?
The National Committee for Quality Assurance (NCQA) has developed a set of metrics called the Healthcare Effectiveness Data and Information Set (HEDIS®).* Under the HEDIS umbrella is a set of measurements specific to the care for older adults. The measurements look specifically for evidence of:

- Advance care planning
- Medication review
- Functional status assessment
- Pain assessment

Who is considered for the Care for Older Adults assessment?

- Patients age 66 and older enrolled in a Special Needs Plan (SNP)
- Patients enrolled in a SNP and are either dual-eligible for Medicare and Medicaid and/or have a chronic condition

To determine if a Humana-covered patient is enrolled in a SNP, please check his or her eligibility and benefits.

Why should I complete this form?

- This form serves as a tool to assess and address issues identified as common among older adults who are dual-eligible for Medicare and Medicaid and/or are chronically ill.
- This form allows Humana to improve care coordination for its members.

Who can complete this form?

Any practitioner with prescribing rights can complete this form. Depending on your state, this may include:

- Licensed medical physicians
- Licensed nurse practitioners
- Licensed physician assistants

*HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).
Patient name: __________________________  Date of service: _____/_____/____ (mm/dd/yyyy)
Member ID: __________________________  Date of birth: _____/_____/____ (mm/dd/yyyy)
Physician name: __________________________

This document is intended to capture requested clinical quality information only. Other write-in information will not be considered.

<table>
<thead>
<tr>
<th>Prescription (Rx)</th>
<th>Dosage</th>
<th>Disease being treated/reason for medication</th>
<th>Side effects discussed</th>
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</thead>
<tbody>
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Functional assessment: Does patient have difficulties performing the following activities?  Date assessed: ______

- Bathing  ☐ Yes ☐ No ☐ N/A
- Dressing  ☐ Yes ☐ No ☐ N/A
- Eating  ☐ Yes ☐ No ☐ N/A
- Transferring  ☐ Yes ☐ No ☐ N/A
- Using the toilet  ☐ Yes ☐ No ☐ N/A
- Walking  ☐ Yes ☐ No ☐ N/A

Treatment plan discussed with patient
☐ Occupational therapy referral  ☐ Review of Rx  ☐ Physical therapy referral  ☐ Assistive device evaluation

Physical activity assessment  Date assessed: ______

- Patient is physically active  ☐ Yes ☐ No  Patient is active 30 minutes a day most days of the week  ☐ Yes ☐ No
- Patient plans to become active in the next few months  ☐ Yes ☐ No  Patient expresses fear to become active or participate in physical activity  ☐ Yes ☐ No
- Patient participates in activity regularly  ☐ Yes ☐ No  If so, what type? ________________

Patient advised:
☐ Daily walks  ☐ Stretching  ☐ Start taking the stairs  ☐ Increase walking as tolerated

Advance care planning:
☐ Advance directive in medical record  Discussion on _____/_____/____

Pain assessment  Date assessed: ______

- Pain intensity  (0 lowest to 10 highest) ______
- Present pain ______
- Worst pain ______
- Best pain ______

- Quality of pain: __________________________
- Onset, duration, variation and rhythms? __________________________
- What causes the pain? __________________________
- What relieves the pain? __________________________

Physician name and credentials:

LC10299ALL0221-A
Affirmation statement:

The physician acknowledges and agrees that Humana may update and adjust this template form as necessary. Updated forms are available at Humana.com/provider/medical-resources/clinical/quality-resources, under the Preventive Care tab.

Medicare payment to Medicare Advantage organizations is based, in part, on each patient’s diagnosis, as attested to by the patient’s attending physician by virtue of his or her signature on this medical record. Anyone who misrepresents, falsifies or conceals essential information required for payment of federal funds may be subject to a fine, imprisonment or civil penalty under applicable federal laws.

By signing this document, you attest to reviewing the medical documents to complete the form, using the best of your medical knowledge, placing the completed original of this form in the patient’s medical record and ensuring fully documented proof of service of all completed fields is contained in the patient’s medical record. (Note: If the practice has an electronic medical record system, scan the assessment and attach the image to the electronic record.)

To the best of my knowledge, information and belief, the information provided regarding diagnoses is truthful and accurate.

<table>
<thead>
<tr>
<th>Physician name and credentials (printed)</th>
<th>Physician signature and credentials (signed)</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provider office number: (___) _______</td>
<td>Provider: _______________________</td>
<td>Type: ______________________</td>
</tr>
<tr>
<td>Billing provider ID: _________________</td>
<td>National provider ID: _______________</td>
<td>Tax ID number: ______________</td>
</tr>
<tr>
<td>Provider address: ____________________</td>
<td>Street address _________________________</td>
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</tr>
<tr>
<td>City ___________________________</td>
<td>State ______________________</td>
<td>ZIP code __________</td>
</tr>
</tbody>
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Submitting a completed form

Method 1
Upload electronically to the Humana secure upload site at www.submitrecords.com/humana. Enter the secure password: hfstar83.

- Under “Select the files to upload,” click “Add files” and choose the medical records from your internet browser. You can upload single records in PDF or TIF formats or a zip file. Ensure any additional medication lists have a 2020 date.
- Add any information regarding the record(s) into the notes section. You can add records up to a maximum of 100 MB per upload.
- Click “Upload” and the selected records will be electronically routed to the Humana repository system.

For technical assistance, call 801-984-4540.

Method 2
Fax to Humana medical record retrieval at 800-391-2361.

Method 3
Mail to: Humana
66 E. Wadsworth Park Drive, Suite 150S
Draper, UT 84020

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