Every **15 minutes** in the United States, a baby is born suffering from opioid withdrawal. Of these births, **86%** are unplanned by women with OUD, and more than **50%** are by women with OUD who have had at least four pregnancies.

According to a 2018 Centers for Disease Control and Prevention (CDC) analysis, the number of pregnant women diagnosed with OUD during labor and delivery in the U.S. more than quadrupled from 1999 to 2014. In Florida, the number climbed from **0.5 per 1,000 delivery hospitalizations in 1999 to 6.6 in 2014**.

**What Can We Do?**
The America College of Obstetricians and Gynecologists (ACOG) recommends screening for substance use early in pregnancy and at the first prenatal visit as part of comprehensive obstetric care. The earlier a woman with OUD is identified, the greater the chance of improved outcomes for her and her baby. Family-planning discussions also play an important role in preventing unintended pregnancies. Under Medicaid, family-planning services are furnished on a voluntary and confidential basis. Medicaid recipients have freedom of choice for covered methods, and can get planning services and supplies from a participating provider without referral.

**Referral**
If you treat someone who is pregnant, of childbearing age, or considering pregnancy, and uses opioids or other psychotropic substances, Access Behavioral Health and Humana Moms First can provide support, services, and referrals for treatment.

**Access Behavioral Health**
abhinfo@bhcpns.org
1-866-477-6725 available 24/7

**Humana Moms First**
FL_MMA_OB_Referrals@humana.com
1-800-322-2758 ext. 1500290,
Monday – Friday, 8:30 a.m. – 5:00 p.m. EST.

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**Other Resources:**

**Escambia and Santa Rosa Counties**
Lakeview Center, Inc. https://elakeviewcenter.org
1-850-469-3500

CDAC/WFIS/WISE http://www.cdac.info 1-888-994-9944

Okaloosa County
Bridgeway Center http://www.bridgewaycenter.org
1-850-833-7500

Walton County
Chautauqua Healthcare Services
http://www.chhealthcare.org 1-850-892-8045

**Panama City and surrounding area**
Life Management Center https://lmccares.org
1-850-522-4485

CARE (Chemical Addiction Recovery Effort, Inc.)
http://www.care4000.com 1-850-872-7676

Tallahassee and surrounding area
Apalachee Center https://apalacheecenter.org
1-850-523-3333

DISC Village https://discvillage.com 1-850-421-4115

(iHeil et al, J Substance Abuse Treatment 40(2011) 199-202)