Recommended management steps include:

- **Medication management**
  - Ensure medication reconciliation completed
  - Review medications to follow heart failure management guidelines from the 2017 American College of Cardiology/American Heart Association on Clinical Practice Guidelines and the Heart Failure Society of America

- **To manage symptom exacerbation, create action plan for member and caregiver**
  - Include in the action plan a review of the importance of daily weighs and what to do when weight increases

- **Cardiopulmonary exercise outpatient referral**
  - Referrals should include the clinical requirements met and signed plan of care
  - Monitors exercise for at least 36 sessions

- **Annual testing for heart failure management (EKG, echocardiogram, cholesterol panel)**

- **Healthy behavior education and referrals for smoking cessation and heart healthy diet**

- **DME referral for oxygen**

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Referral to Humana Florida Medicaid case management for Regions 1-11

- FL_MMA_CM_Referrals@humana.com
- Case management phone main line: 1-800-229-9880

The following recommendations were derived from the most current clinical practice guidelines for Heart Failure.

References used were:
